

**Hull/Cohasset/SSCPS High School Sailing Team
Nantasket Nor'easters**

Team Guideline Acknowledgement/Release Form

Sailor's Name: _____

1. Please read the following, sign at the bottom and return.

2. The Interscholastic Sailing Association (ISSA) mandates that sailors be capable of swimming 50 yards and be able to tread water for 5 minutes wearing shoes or sneakers. In signing below, both the sailor and parent certify this swimming competency.

3. The Nor'easters is a collaborative team from 3 schools. Every effort will be made to include all participants fairly, but the coach has discretion over boat and regatta assignments based on safety considerations, sailor skill level and other factors as deemed important. Also, the Sailing Team is not a learn to sail team. All sailors are required to have sufficient experience and ability.

4. The team has certain guidelines and rules in place to help ensure safety and both a high level and fair degree of competition. In signing below, both the sailor and parent certify that the sailor has read the Team and Venue Guidelines and agrees to follow them as well as all Sailing Instructions.

5. Sailing is a fun, though inherently risky sport. In signing below, both the sailor and parent acknowledge this and release the Nantasket Nor'easters High School Sailing Team, the team's coaches and advisors, their school, the venues, Sail Nantasket and the Hull Yacht Club from any and all liability from being involved with the team.

In signing, both the sailor and parent testify that they have read the above and agree to all conditions and expectations of the team.

Please Sign Below:

(Sailor Signature)

(Date)

(Parent or Guardian Signature)

(Date)